

RESULTS OF THE DIET WITH DISEASES OF ELIMINATION

Diseases	Number of patients	Complete remissions	90% improvements	50% improvements	Failures	Proportion of success
Colitis	237	233			4	98%
Microscopic colitis	5	4			1	
Ulcerative colitis	8			3	5	
Chron's disease	72	62	2	7	1	99%
Gastritis	19	18		1		100%
Gastroesophageal reflux disease (GERD)	16	6	5		5	69%
Acne	42	40	2			100%
Atopic eczema	43	36	4		3	93%
Urticaria (Hives)	34	29	5			100%
Urticarial Vasculitis	4	2			2	
Psoriasis	72	45	7	8	12	83%
Prurit	8	7	1			
Chronic bronchitis	42	39		3		100%
Asthma	85	80		3	2	98%
Recurring ENT infections	100	80			20	80%
Chronic sinutsitis	50	38		8	4	92%
Hay Fever	75	71		2	2	97%
Chronic rhinitis	63	58		3	2	97%
Allergic conjunctivitis	30	26	1	2	1	97%
Angioedema	27	22	2	2	1	96%
Sinonasal polyposis.	6	6				
Ulcers	14	10	4	1		100%
Langerhans cell histiocytosis	3		3			
Cutaneous mastocytosis	2		2			

*Figure includes 50% improvements